

Sensory Stories - Introduction

গল্প বলার ক্রিয়াকলাপগুলির পরিচিতি

Sensory stories are a great way to engage your child using items you are likely to already have in your home.

আপনি আপনার বাড়িতে বস্তুর মাধ্যমে গল্প বলতে পারেন

You can use the sensory stories we provide or make your own with these useful tips.

এই সহায়ক টিপসের সাহায্যে আপনি আমাদের যে গল্প সরবরাহ করেন তা তৈরি করতে বা তৈরি করতে পারেন।

On the following pages you will find a broad range of items we use in some of our stories.

নিম্নলিখিত পৃষ্ঠাগুলিতে আপনি আমাদের গল্পগুলিতে ব্যবহার করি এমন বিস্তৃত আইটেমগুলি পাবেন।

Sound

You can create your own instruments or story sound effects with household objects or use your voice and music to add drama to your story. Tins and pans make great drums or use dry rice/lentils in a sealed bottle or container to create your very own rainmaker.



Movement

Movements with your body or on your body e.g footsteps: fingers walking up your arm. Hugs in a story can be shoulder squeezes. Body taps- using your hands to tap different parts of your body. Stretching your hands arms or legs to make shape movements to describe part of your story, for example, your arms making a circular movement could represent the sun.



Tactile

Tactile sensory items: soft materials, crinkly paper, ice, fans to create wind, something warm to mimic the sun. Fake grass to touch or go underfoot. Sand, stones, water beads, water. There are lots of household items you can use. Consider temperature - Something warm to represent a hot climate or warming up. Ice cubes, Ice pools or ice packs to represent a cold climate, getting cold or something cold in the story.



Visuals

Tin foil can be the sun or the moon, dark material can be the night sky. You can use fabric to make great visuals - even using items of clothing for your child to touch and explore. Bubbles are also a fantastic fun and easy resource to make with water and washing up liquid.



Smells

You can explore all kinds of lotions and potions already in your home to create smells for your stories.

Herbs and spices can recreate cooking smells or outdoor smells. Fruit tea bags can also add smell.

Citrus fruit can add smells but is also interesting to touch and maybe even taste!

Smelly playdough or putty (also good for tactile - mud or squashing sensation)

Jelly or Angel Delight can be great to hide things in lovely sensory play. And you can smell and eat it too!

