



Alice in Wonderland A Sensory Story

Recommended activity music:

<https://www.youtube.com/watch?v=sVqSj1cxrJM&list=PLEFBEB93EAA197277>

Recommended Audiobook:

<https://www.youtube.com/watch?v=uUcJSTpMavA>

The activities below will help to create a fun sensory experience with your child as you read through this story at home.

Story	Objects/Activity
Sitting under some trees with her sister Alice falls into a deep sleep.	Use a blanket to cover and mimic sleep/snoring.
On waking she sees a white rabbit running by saying 'I'm late! I'm late!'	Knock quickly on a hard surface to represent his footsteps or use a music shaker.
Alice ran after him into a hole and started to fall.	Use paper fans on face or arms to represent falling.
She fell into a room with something to eat that made her grow bigger...	Blow up a balloon bigger and bigger! Or taste something nice/smell food scents like dried herbs.
and something to drink that made her shrink smaller.	Let air out of a balloon and watch/feel it shrink. Or copy Alice and have a sip of juice .
She walked through a small door into a forest where she met the Cheshire cat.	Stroke a fluffy blanket or explore cotton wool for the cats fur.
He led her to the Mad Hatter's tea party!	Smell scented tea bags .
Next she found herself in the Queen's gardens and was asked to play croquet.	Gentle tapping with spoons to create a noise of tapping croquet bats.
The Queen's guards were painting the roses in the garden red.	Use a makeup brush against the skin or the smell of flowery perfume .
Alice got in trouble with the Queen who said - Off with her head! And the guards march towards her.	Listen to a marching audio track and knock to the beat on a hard surface such as a work tray to represent their footsteps.
Alice woke up under the trees and realised it was just a dream.	Use the blanket again to cover and mimic waking up, stretching arms out.