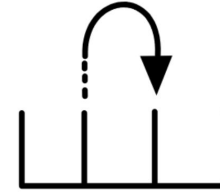




now

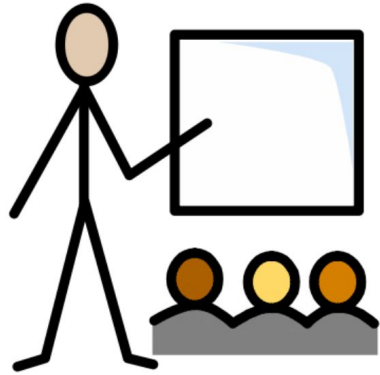
Place your activity
symbol here



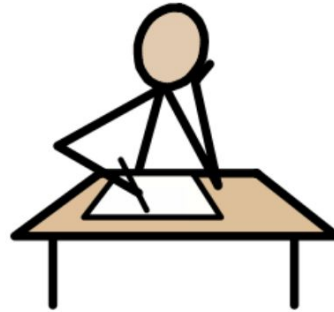
next

Place your activity
symbol here

Cut out the following symbols to use with your 'Now and Next' card on the first page. These are useful visuals to keep a routine whether at school or at home, they can also help reduce anxiety by preparing pupils for what's happening next. 'Now and Next' cards can also be an incentive for pupils by showing the fun activities coming up next.



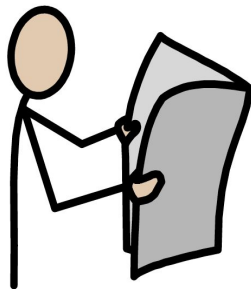
lesson



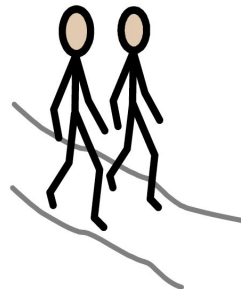
work



school



reading

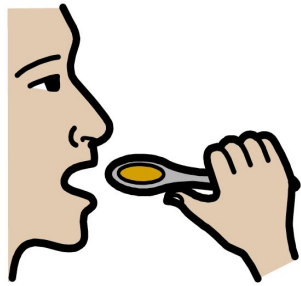


walk

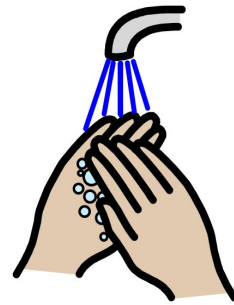


sleep

Cut out the following symbols to use with your 'Now and Next' card on the first page. These are useful visuals to keep a routine whether at school or at home, they can also help reduce anxiety by preparing pupils for what's happening next. 'Now and Next' cards can also be an incentive for pupils by showing the fun activities coming up next.



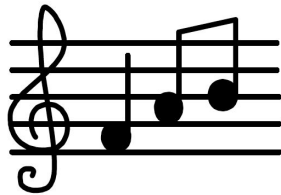
eat



wash



shower



music

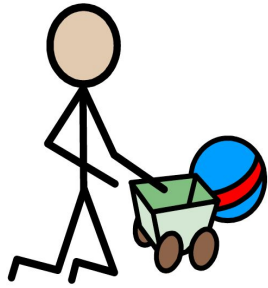


drawing

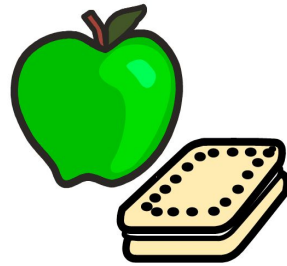


hug

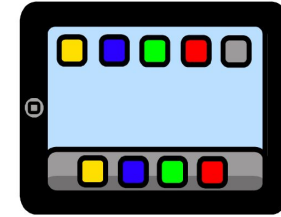
Cut out the following symbols to use with your 'Now and Next' card on the first page. These are useful visuals to keep a routine whether at school or at home, they can also help reduce anxiety by preparing pupils for what's happening next. 'Now and Next' cards can also be an incentive for pupils by showing the fun activities coming up next.



play



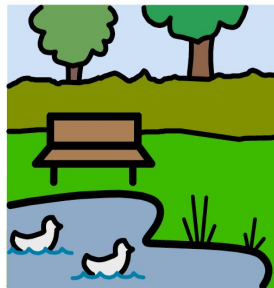
snacks



iPad



games



park
